

Global Dignity Day Wish150 Activity

What is Wish150

Through the Wish150 component of TakingITGlobal's Explore150 Initiative, Canadians will have the opportunity to share their wishes for Canada in the next 150 years and engage with the wishes of others. A variety of events and art exhibits are being hosted in every province and territory, exploring what it means to be Canadian and highlighting the diversity of perspectives from coast to coast. This project will culminate in a wishbook presented to Prime Minister Justin Trudeau at the end of 2017.

Objective of this Activity

Involve participants in a creative and collaborative process of reflection on the significance of Canada's 150th as it relates to our own personal stories and the communities we belong to, highlighting the many faces of dignity within Canada.

Physical Materials

- Wish150 Postcards
- Art materials (Ex. paint, pencil crayons, pastels, markers, magazines for collage)

Activity Set-up

Have participants create community-based and national-based wishes on the Wish150 wish postcards. These wishes should reflect one of these following themes:

- Environmental Sustainability
- Human Rights
- Inclusivity/Accessibility
- Physical & Mental Health
- Cultural & Historical Conservation
- Personal & Community Development
- Indigenous Rights
- LGBTQ2A Rights
- New Canadian & Immigration Integration
- Political Representation

Prompting questions

- *What is your wish for yourself or your community?*
- *What is your wish for another community you're not personally involved in? (Support participants how this is an opportunity to learn/expand your knowledge/exposure to another community/segment of Canada?)*
- *How we all have varying relationships to different issues depending on our location, narratives and privilege?*

**Note: Their wish may be completely visual (all images), completely words or a mixture of images and words. See examples below*

Instructions for Facilitator

- **Please mail back wishes - *In the mail by October 20/17**
 - **Postcards were sent with a pre-stamped envelope to mail wishes back in**
 - **Once we receive the wishes they will be scanned and posted to the Explore150 [website](#)**

Examples of Text Wishes

- **“I hope in the next 150 years we can become a country where all youth really do have equal opportunity, especially aboriginal youth, and that we can teach future generations to appreciate not just the history of Canada after the Europeans came but also the rich history of aboriginal cultures. I believe young Canadians don't know enough about the history of our country and therefore have difficulty truly appreciating it and how much better this country has become since it began.”** - *Dianna Gunn, 23, Toronto (Indigenous)*
- **“I hope Canada's economy continues to grow, that we are able to offer free tuition to students, and that we succeed due to a variety of environmentally friendly initiatives and ideas.”** - *Erika Audfroid, Moncton, 25 (Development)*
- **“My wish is for Canada to become even better peacekeepers than we are now, offering more aid for the unfortunate countries in the world, while allowing those in need of safe haven the opportunity to emigrate to the most compassionate, generous countries. In the future I see the need for Canada's generosity becoming even larger. We are a huge country with plenty of room for more people.”** - *Deborah Avery, Chilliwack, British Columbia (New Canadian and Immigration Integration)*
- **“I hope that one day everyone will be even in front of the law. I hope that people will be more aware of our planet's needs. I hope that people will no longer discriminate LGBT people”** - *Anonymous, Green Gables, PEI (LGBTQ2A Rights)*
- **“That we put humanity first, creating a culture that promotes health fully and holistically. That it is free from fear, where trauma isn't hidden, where creative expression and spiritual fulfillment are more important than bank account balances, where individuality is sacred and community connections are as protected as the rest of our nature.”** - *Anonymous, Halifax, Nova Scotia (Mental & Physical Health)*

Examples of Visual Wishes

My wish for Canada is...
Mon souhait pour le Canada est...

more accessible and educational opportunities for all students in Canada, especially for impoverished communities

... for the next 150 years
... dans les 150 prochaines années

toronto, ontario LOCATION / LIEU 15 AGE / AGE cassandra NAME / NOM

My wish for Canada is...
Mon souhait pour le Canada est...

healthy environment & clean energy



... for the next 150 years
... dans les 150 prochaines années

Green / Vert LOCATION / LIEU 17 AGE / AGE Ruth Leung NAME / NOM

My wish for Canada is...
Mon souhait pour le Canada est...

Qu'on comprenne tous les effets du LNG terminal, particulièrement pour le peuple aborigène de la Colombie-Britannique!



~ Vivian

... for the next 150 years
... dans les 150 prochaines années

My wish for Canada is...
Mon souhait pour le Canada est...

that the media can portray all ethnicities with more accuracy. And that they are treated with more respect.



... for the next 150 years
... dans les 150 prochaines années

Markham, Ontario LOCATION / LIEU 16 AGE / AGE Crystal NAME / NOM

My wish for Canada is...
Mon souhait pour le Canada est...

We are all friends.



... for the next 150 years
... dans les 150 prochaines années

My wish for Canada is...
Mon souhait pour le Canada est...

to reduce stigma around mental illnesses.



... for the next 150 years
... dans les 150 prochaines années